



# Vestibular bone thickness of the mandible in relation to the mandibular canal in a population from Bosnia and Herzegovina

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## ABSTRACT

**Introduction:** Dental implantology is the branch of dentistry that is gaining greater significance because a larger number of patients come with requests of implant placements. During dental implant placements, with patients with whom operation is carried out in the mandible, very frequently nervus alveolaris inferior can be injured. The nerve injury may occur during the implant placement, but the nerve may also be injured in case of harvesting of intraoral bone graft. During the bone graft harvesting, but also during any other procedure in the dentistry that entails working on vestibular side of corpus of the mandible, in order not to injure the nervus alveolaris inferior, it is important to familiarize oneself with the distance of the nerve from the outer vestibular cortex of the mandible. The objective of the study was to assess the vestibular bone thickness of the mandible in relation to the mandibular canal with the help of analysis of cone-beam computed tomography (CBCT) images.

**Methods:** It was accessed the database of CBCT images taken at the School of Dental Medicine at the University of Sarajevo, where out of 700 reviewed CBCT image, an analysis of 322 CBCT images was conducted that satisfied inclusion criteria of the study. CBCT images were taken using of ORTHOPHOS SLX imaging unit. The measurement was conducted by Sidexis program on cross-section of CBCT image. The measurement of vestibular bone thickness was performed, by measuring the distance from the lateral wall of the mandibular canal to buccal mandibular compact bone, in the region of the second premolar, of the first and the second molar.

**Results:** There were statistically significant differences in vestibular bone thickness between men and women on both sides in the region of the second premolar ( $p < 0.001$ ) and first molar ( $p = 0.016$  right,  $p = 0.018$  left). T-test demonstrated no statistically significant difference in the vestibular bone thickness between men and women on either side in the case of vestibular bone thickness of the center of the second molar ( $p = 0.397$  right,  $p = 0.743$  left).

**Conclusion:** Values of vestibular thickness of the mandible are larger with men than with women in all measuring points; however, statistically more significant differences between genders have been detected in the second premolar and center of the first molar.

**Keywords:** Cone-beam computed tomography, mandibular canal, vestibular thickness

## INTRODUCTION

Dental implantology is the branch of dentistry that is gaining greater significance because a larger number of patients come with requests of implant placements. During dental implant placements, with patients with whom operation is carried out in the mandible, very frequently nervus alveolaris inferior can be injured (1-4). The nerve injury may

occur during the implant placement, but the nerve may also be injured in case of harvesting of intraoral bone graft that is most frequently taken from the area of the mandible when it is necessary to compensate the bone deficiency so that the implant placement could be as successful as possible (5,6).

Intraoral bone harvesting has more advantages in relation to extraoral bone harvesting. The advantages are reflected in better surgical approach, shorter time of surgery, general anesthesia is not necessary, it concerns an outpatient procedure with no scars, it is more comfortable for a patient, and the bone harvesting from the area of maxillofacial region has better biological benefits for the augmentation (7,8). This implies bone harvesting most frequently from the area of ramus of the

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mandible, but corpus as well, mandibular symphysis, residual ridge of the mandible, and the processus coronoideus (7,9-12). During the bone graft harvesting, but also during any other procedure in the dentistry that entails working on vestibular side of corpus of the mandible, in order not to injure the nervus alveolaris inferior, it is important to familiarize oneself with the distance of the nerve from the outer vestibular cortex of the mandible (5,6). Before any surgical technique that is planned to be executed in the area of the mandible, with the aim of identification of exact location of anatomic structures, it is necessary to make appropriate radiographic imaging (13-15). In that regard, in the last couple of decades as one of the newest and the best imaging techniques that enable more exact identification of the anatomic structures is cone-beam computed tomography (CBCT) that represents 3D imaging modality that is obtained through cone-beam of certain areas and that can be reconstructed in any desired plane such as axial, sagittal and coronal plane, and information may be reconstructed both panoramically and in cross-sections (16,17). The aim of the study was to assess the vestibular bone thickness of the mandible in relation to the mandibular canal with the help of analysis of CBCT images.

**METHODS**

Within research, it was accessed the database of CBCT images taken at the School of Dental Medicine at the University of Sarajevo in the period from 2017 to April 2020, taken for various dentistry purposes, where out of 700 reviewed CBCT image, an analysis of 322 CBCT images was conducted that satisfied inclusion criteria of the study.

The inclusion criteria included the following:

1. Acceptable image quality
2. Representation of the entire mandible at the image
3. Clearly detectable and represented nervus alveolaris inferior at the image

The exclusion criteria included the following:

1. Irregular volume of the bone and presence of pathological changes in the measurement region such as cysts, tumors, and periapical lesions
2. Presence of the mandible fracture
3. Disturbed course and continuity of nervus alveolaris inferior
4. Impacted and semi-impacted teeth in the measurement region
5. Patients younger than 14 years old.

Study is approved by Ethical committee of University of Sarajevo - Faculty of Dentistry. The purpose of the research was presented to all patients and they gave consent to use their individual data in this study. Patients were grouped according to age into three age groups (1=14–34 years, 2=35–50 years, 3= more than 50 years).

CBCT images were taken using of ORTHOPHOS SLX imaging unit. Nominal power output of this imaging unit is 2kW during 90 kV/16mA, nominal frequency 50Hz/60Hz. The tube voltage is 60–90 kV (for 90 kV max.12 mA) and the power in tube is 3–16 mA (for 16 mA max.69 kV). The frequency of generation of creating a high voltage is 40–120 kHz. Time of exposure to image is maximum 14.9

s. Entire filtration of X-ray tube is >2.5 mm Al/90 IEC 60522 0.3 mm Cu. The size of focal point toward IEC 60336, measured in central X-ray, is 0.5 mm.

The measurement was conducted by Sidexis program on a cross-section of CBCT image. The measurement procedure implied the previous mapping of nervus alveolaris inferior, and subsequently in the region of the second premolar, of the first and the second molar with the help of ruler and protractor at a cross-sectional intersection, following the tooth axis (with dentate and partially edentulous patients) and axis of bone (with totally edentulous and partially edentulous patients in areas where teeth are missing) the measurement of vestibular bone thickness was performed (spongiosis + cortical plate), by measuring the distance from the lateral wall of the mandibular canal to buccal mandibular compact bone (Figure 1).

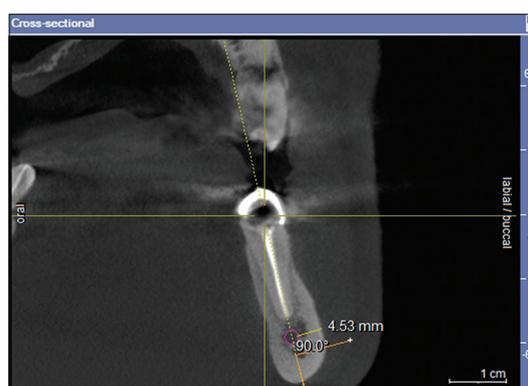
Measuring points along alveolar nerve with dentate and partially edentulous patients in areas where teeth of interest were present: The center of the second premolar as well as centers of the first and the second molar, on both sides of mandible. With partially dentate patients in areas where teeth were missing and with totally edentulous patients, measurements were conducted only on measuring points that were marked as “tooth center” and that were determined with the help of reconstruction methods used in implantology. What was recorded is the minimum vestibular thickness of the mandible, as the shortest possible value between the mentioned two distances, that is, measurement was conducted under the angle of 90 degrees.

The statistic software IBM SPSS Statistics 23 was used to conduct the statistic tests, as well as for the calculation of descriptive statistics. Considering different variables, comparisons, and size of samples of certain groups and sub-groups, tests that were used within the study included the following: Kolmogorov–Smirnov test, one-way ANOVA, t-test for independent variables, and post hoc test. P values were considered to be statistically significant at the level 0.05.

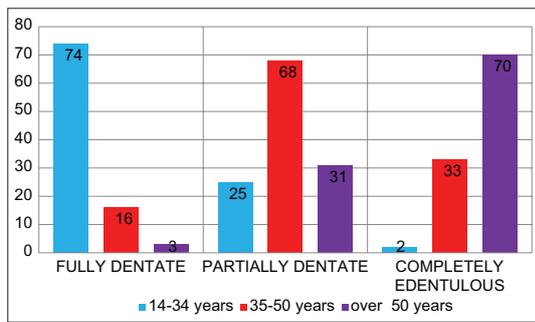
**RESULTS**

The sample consisted of 322 CBCT images of 322 patients. Number of subjects in each age group is presented in Figure 2.

The mean and range of age in different dental status are shown in Table 1.



**FIGURE 1.** Measurement of mandibular bone thickness on cone-beam computed tomography image; the distance from the lateral wall of the mandibular canal to buccal mandibular compact bone.



**FIGURE 2.** Number of subjects in each age group (group 1, 14–34 years old; group 2, 35–50 years old; group 3, 51 and older).

**TABLE 1.** Values of age according different dental status and gender

Gender	Dental status	Statistics	Std. Error	
Men	Fully dentate	Mean	28.78	1.939
		Variance	154.176	
		Std. Deviation	12.417	
		Minimum	14	
		Maximum	67	
	Partially dentate	Mean	45.18	1.418
		Variance	132.705	
		Std. Deviation	11.520	
		Minimum	19	
		Maximum	72	
	Completely edentulous	Mean	55.17	1.309
		Variance	89.126	
Std. Deviation		9.441		
Minimum		40		
Maximum		84		
Women	Fully dentate	Mean	24.37	1.172
		Variance	71.452	
		Std. Deviation	8.453	
		Minimum	14	
		Maximum	46	
	Partially dentate	Mean	43.43	1.477
		Variance	126.460	
		Std. Deviation	11.245	
		Minimum	20	
		Maximum	70	
	Completely edentulous	Mean	53.72	1.258
		Variance	83.899	
		Std. Deviation	9.160	
		Minimum	32	
		Maximum	70	

Tables 2-4 demonstrate the average values of vestibular thickness for men and women. Men had larger values of vestibular bone thickness of the center of the second premolar (4.43) in relation to women (3.96) on the right side but also on the left side (4.46 vs. 3.90). Furthermore, men (5.97) had larger values of vestibular bone thickness of the center of the first molar in relation to women (5.64) on the right side, but also on the left side (5.98 vs. 5.65). Table 4 shows that, as it was the case with the second premolar and first molar, on the position of the center of the second molar, men have the largest average values compared to women on both sides of the mandible.

Kolmogorov–Smirnov test showed the data follow the normal distribution ( $p > 0.05$ ) within each group of subjects,

**TABLE 2.** Mean values of vestibular thickness of the center of the second premolar with men and women

Gender		Vestibular Thickness left – tooth center 35	Vestibular Thickness right – tooth center 45
Men	N	159	159
	Number of participants		
	Missing	0	0
	Mean value	4.4255	4.4559
	St. deviation	1.22896	1.19370
Women	N	163	163
	Number of participants		
	Missing	0	0
	Mean value	3.9578	3.8983
	St. deviation	1.00595	1.03279

**TABLE 3.** Mean values of vestibular thickness of the center of the first molar with men and women

Gender		Vestibular Thickness right – tooth center 46	Vestibular Thickness left – tooth center 36
Men	N	159	159
	Number of participants		
	Missing	0	0
	Mean value	5.9736	5.9780
	St. deviation	1.33136	1.27539
Women	N	163	163
	Number of participants		
	Missing	0	0
	Mean value	5.6397	5.6534
	St. deviation	1.14950	1.17172

**TABLE 4.** Mean values of vestibular thickness of the center of the second molar with men and women

Gender		Vestibular Thickness right – tooth center 47	Vestibular Thickness left – tooth center 37
Men	N	159	159
	Number of participants		
	Missing	0	0
	Mean value	6.0669	6.0309
	St. deviation	1.45702	1.37135
Women	N	163	163
	Number of participants		
	Missing	0	0
	Mean value	5.9352	5.9810
	St. deviation	1.32956	1.35584

both men and women, for each observed value (Table 5).

T-test demonstrated (Table 6) a statistically significant difference in vestibular bone thickness for the second premolar between men and women on both sides.

In this case, too (Table 7), a statistically significant difference exists in vestibular bone thickness for the first molar between men and women on both sides.

T-test demonstrated no statistically significant difference in the vestibular bone thickness between men and women on

**TABLE 5.** The results of one sample Kolmogorov–Smirnov test

		One-sample Kolmogorov–Smirnov test					
Gender		Vestibular thickness right – tooth center 45	Vestibular thickness left – tooth center 35	Vestibular thickness right – tooth center 46	Vestibular thickness left – tooth center 36	Vestibular thickness right – tooth center 47	Vestibular thickness left – tooth center 37
Men	N	159	159	159	159	159	159
	Test statistics	0.066	0.069	0.042	0.054	0.060	0.040
	p-value	0.085	0.059	0.200	0.200	0.200	0.200
Women	N	163	163	163	163	163	163
	Test statistics	0.064	0.063	0.035	0.066	0.037	0.070
	p-value	0.200	0.200	0.200	0.081	0.200	0.052

**TABLE 6.** Results of t-test for independent samples for the vestibular thickness on the position 45 and 35 between men and women

t-test for independent samples	Vestibular Thickness		Vestibular Thickness	
	Right – tooth center (tooth 45)		Left – tooth center (tooth 35)	
t-statistics	3.732		4.486	
p - value	<0.001		<0.001	

**TABLE 7.** Results of t-test for independent samples for the vestibular thickness on the position 46 and 36 between men and women

t-test for independent samples	Vestibular Thickness		Vestibular Thickness	
	Right – tooth center (tooth 46)		Left – tooth center (tooth 36)	
t-statistics	2.411		2.379	
p - value	0.016		0.018	

**TABLE 8.** Results of t-test for independent samples for the vestibular thickness on the position 47 and 37 between men and women

t-test for independent samples	Vestibular Thickness		Vestibular Thickness	
	Right – tooth center (tooth 47)		Left – tooth center (tooth 37)	
t-statistics	0.848		0.328	
p - value	0.397		0.743	

**TABLE 9.** Results of t-test for independent samples – comparison of the difference between the right and left mandibular side

t-test for independent samples	Vestibular thickness – Tooth center (45–35)	Vestibular thickness – Tooth center (46–36)	Vestibular – Thickness tooth center (47–37)
t-statistics	-0.667	0.087	0.622
p - value	0.505	0.931	0.534

either side in the case of vestibular bone thickness of the center of the second molar (Table 8).

Based on test results in Table 9, the conclusion is that there does not exist a statistically significant difference in the comparison of vestibular bone thickness measured on centers of teeth between the left and right side of examinees divided according to gender.

Table 10 demonstrates statistically significant differences between the second premolar and first molar and also between the second premolar and second molar with men on both sides of mandible. Furthermore, the same statistically significant differences exist with women. Based on the mean values shown in Tables 3-5 and based on the results of post hoc tests, a statistically significant difference exists between different groups of teeth.

One-way ANOVA test demonstrated no statistically significant difference in the vestibular bone thickness measured on the center of the second premolar, first molar, and second molar between different age groups (Table 11).

**DISCUSSION**

Out of 700 examined patients in research, 322 met inclusion criteria for the analysis, and this number of patients

**TABLE 10.** Result of post hoc test for men and women and for the right and left side between different groups of teeth

Gender	p-value
Men	
Right side	
45–46	<0.0001
45–47	<0.0001
Left side	
35–36	<0.0001
35–37	<0.0001
Women	
Right side	
45–46	<0.0001
45–47	<0.0001
Left side	
35–36	<0.0001
35–37	<0.0001

was subjected to statistical analysis following the conducted measurements on CBCT images. The ratio of men and women was approximately equal and it totaled 159:163.

After the measurement of average values of vestibular bone thickness of the mandible in relation to the mandibular

**TABLE 11.** Results of one-way ANOVA test – comparison of age-related differences in vestibular bone thickness

Vestibular bone thickness	One-way ANOVA					
	Tooth center	Tooth center	Tooth center	Tooth center	Tooth center	Tooth center
	45	35	46	36	47	37
F statistics	2.154	1.041	2.056	1.364	2.233	1.298
p-value	0.118	0.354	0.130	0.257	0.109	0.275

canal measured at the position of the center of teeth with all patients on the right side of the second premolar, of the first and second molar, it is detected that the largest value is in the area of the second molar and that the lowest one is at the second premolar. The same results were obtained in the research by Safae, who was also measuring the distance of the mandibular canal from the outer cortex of lingual and vestibular side of the mandible and indicated to the fact that the canal was approaching the lingual side by going posteriorly and that the largest thickness of vestibular side of the mandible in relation to the mandibular canal was in the position of the second molar (18). Balaji *et al.* in their research also concluded that the largest vestibular thickness of the mandible was in the position of the second molar (19). Koivisto *et al.* found that buccal bone thickness over the mandibular canal was thickest at mesial root of the second molars and thinnest over the second premolar (5.4 vs. 2.6 mm) (20). The study conducted in Switzerland, which was measuring the distance of mandibular canal from the outer cortex of the mandible, by starting to measure this distance at 2 mm posteriorly from the mental opening indicates that the mandibular canal is more and more distancing itself from the vestibular outer cortex in the first 30 mm of the measurement and after that it again starts approaching the vestibular cortex of the mandible (21).

Al-Siweedi in his research, just like Valdec, measures the distance of the mandibular canal from the buccal cortex of the mandible and obtains the values of  $3.90 \pm 1.01$  mm,  $5.59 \pm 1.20$  mm,  $6.71 \pm 1.34$  mm,  $5.69 \pm 1.63$  mm, and  $4.25 \pm 1.60$  mm, on positions from 10 mm, 20 mm, 30 mm, 40 mm, and 50 mm distally from mental foramen and it is seen that the mandibular canal is distancing itself more and more from the buccal cortex by going from mental foramen, and then probably on the position of the first or second molar (as it is the case of this study) it reaches maximum values of distance from the buccal mandibular cortex and then it approaches to the buccal cortex in lateral segments (22).

Al-Siweedi *et al.* state that the largest distance of the mandibular canal from the outer buccal cortex was on the position of the second molar with average value of 6.79 mm (21). Those results agree with research results of Nagadia *et al.* and Shokri *et al.* (23,24). In this study, the average vestibular thickness on the position of the second molar was 6.067 mm on the right side and 6.03 mm on the left side for men. The mean value of vestibular thickness was 5.935 mm on the right side and 5.981 mm on the left side for women.

Many authors claim that from the second premolar distally, the mandibular canal approaches the lingual side (19,22-27). Al-Siweedi *et al.* also find that it is larger the distance of the

mandibular canal from buccal side in relation to lingual side and that is also claimed by Tsuji *et al.* (28).

In our research, the results demonstrate a smaller distance from the buccal side in the position of the second premolar and as the mandibular canal goes posteriorly, the distance becomes larger, regardless of gender and the side of the mandible, which is in agreement with the research conducted by Shokri *et al.* and Nair *et al.* (24,26). With the study of Hsu *et al.*, the average value on the first molar was  $4.72 \pm 1.72$  mm and it was larger in relation to the second premolar with values of  $4.08 \pm 0.98$  mm, thus distally buccal thickness increases which are in agreement with the results of our research (29). However, the values obtained in this study are higher than in the study of Hsu *et al.* The average vestibular thickness on the position of the first molar was  $5.97 \pm 1.33$  on the right side and  $5.98 \pm 1.27$  mm on the left side for men. In women, the average value was  $5.63 \pm 1.14$  on the right side and  $5.65 \pm 1.17$  mm on the left side.

By analysis of results of all patients, results have shown that there exist statistically significant differences between men and women on the position of the second premolar and first molar (Tables 6 and 7). Men had on average larger values of vestibular bone thickness compared to women. Valdec *et al.* found a significant difference for bone thickness between men and women, particularly in the first 30 mm posterior to the mental foramen. They found that mandible is wider in the area of the mental foramen in men (21).

Similar to the above-mentioned study, we established that statistically significant differences existed with both genders between various measuring points on both sides of mandible. There are statistically significant differences between the second premolar and first molar and also between the second premolar and second molar on both sides on both genders. Thus, it can be concluded that regardless of whether this concerned the first or the second molar for any surgical operation in that area, it is a smaller probability of injuring the first or second molar than the second premolar of any side of the mandible.

The results of researches results differ regarding the issue, whether there exist differences in bone thickness of the mandible in relation to the mandibular canal between men and women. Some research reached the results that differences do exist (19,22,30,31). However, research conducted by some authors has not found statistically significant differences in the position of the mandibular canal and/or in vestibular bone thickness between the genders (15,32-34).

In the present study, there were no significant age-related differences in bone thickness. In their study, Valdec *et al.* found that bone thickness did not differ between the age groups among men. On the contrary, there were significant age-related differences in women. Their age groups were different than ours (group 1=0–20 years, group 2=21–40 years, group 3=41–60 years, and group 4=61 years and older) and also they included younger patients (21).

## CONCLUSION

1. Mandibular canal in the area of the second premolar is located closest to the outer vestibular cortex with all patients of both genders and on both sides and as the mandibular canal goes posteriorly, the distance

becomes larger. On the position of the second molar, the mandibular canal is furthest from external vestibular cortex in both genders and on both sides of the mandible. The probability of nerve injury during surgery is higher on the position of the second premolar in relation to both molars on both sides of mandible and on both genders

2. Values of vestibular thickness of the mandible are larger with men than with women in all measuring points; however, statistically significant differences between genders have been detected in the second premolar and center of the first molar on both side of mandible so that men have a lower risk of nerve injury on these positions of the mandible
3. Age does not affect the change in the dimensions of vestibular bone at any measuring point.

### DECLARATION OF INTEREST

No conflicts of interest.

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